

Position	Race No	First Name	Last Name	Swim	T1	Bike	T2	Run	Finish	Penalty Notes	Division	Club
1	259	MARK	BRUCE	5:35	0:35	34:39	0:34	16:03	57:25		M 25 - 29	
2	293	ROBERT	QUANTRELL	5:44	0:36	33:34	0:42	17:37	58:10		M 35 - 39	TRI CAMP RACE TEAM
3	275	PETE	EGGLESTON	6:49	0:48	32:57	0:41	18:03	59:15		M 40 - 44	TRI-FORCE
4	263	MIKE	JUBB	7:14	0:48	33:35	0:43	17:06	59:23		M 40 - 44	
5	283	MARK	SCOTT	6:01	0:45	35:30	0:40	19:24	1:02:19		M 45 - 49	
6	285	KEVIN	DEAN	6:22	0:53	35:12	0:58	20:03	1:03:26		M 45 - 49	TRI-FORCE
7	276	JAMES	SHIPLEY	6:46	1:00	35:58	0:46	19:14	1:03:43		M 30 - 34	TRI-FORCE
8	277	ADRIAN	JAMES	6:58	0:45	35:48	0:52	19:26	1:03:46		M 45 - 49	
9	282	ADAM	GILLET	6:22	0:33	37:09	0:49	19:00	1:03:51		M 20 - 24	SERPENTINE
10	270	GILES	HORRIDGE	6:41	1:03	37:42	0:48	18:56	1:05:08		M 35 - 39	
11	292	KATHRYN	BERRY	5:53	0:39	37:25	0:39	20:43	1:05:16		F 25 - 29	TRICAMP RACE TEAM
12	252	ROGER	REID	7:01	0:41	38:34	0:37	18:34	1:05:25		M 40 - 44	SERPENTINE RC
13	272	SIMON	WILLOUGHBY	7:28	1:08	36:13	1:07	19:44	1:05:39		M 40 - 44	
14	266	JOHN	POTTER	7:12	0:45	35:22	0:45	21:43	1:05:45		M 30 - 34	
15	288	ALEX	NEWMAN-SMITH	6:06	1:28	38:18	0:59	19:00	1:05:48		M 30 - 34	
16	250	DANIEL	MURPHY	7:09	1:05	37:55	0:54	19:07	1:06:08		M 25 - 29	
17	221	DANIEL	GILLBORN	7:09	0:40	36:44	0:45	21:07	1:06:22		M 40 - 44	
18	258	NICK	HAMILTON	7:49	0:51	38:05	1:06	18:54	1:06:42		M 25 - 29	
19	289	JON	BRETT	5:44	1:06	37:11	1:07	21:46	1:06:52		M 45 - 49	
20	206	DREW	HOUSTON	7:51	1:09	38:38	0:59	18:44	1:07:20		M 25 - 29	
21	235	ALEX	FRISBY	7:13	1:47	37:18	0:47	20:27	1:07:30		M 25 - 29	
22	279	PANAGIOTIS	KYRTATOS	6:30	1:13	37:18	0:43	22:20	1:08:03		M 25 - 29	
23	223	MATT	FLOWERDAY	8:08	0:51	36:29	0:46	22:33	1:08:46		M 50 - 54	
24	139	IAN	BRIDGES	7:20	1:04	39:19	0:45	20:23	1:08:50		M 40 - 44	HAREFIELD PADDLERS
25	264	JAKE	AMOS	7:46	1:04	39:54	0:52	19:23	1:08:57		M 30 - 34	HITCHIN RUNNING CLUB
26	75	RUNE	HENRIKSEN	9:36	0:59	36:59	1:09	20:30	1:09:11		M 35 - 39	
27	287	ANDREW	O'SULLIVAN	5:43	0:54	41:03	1:01	20:40	1:09:19		M 25 - 29	HERTFORD ARMSTRONGS
28	214	LAURA	COWLEY	7:20	1:34	42:07	0:36	18:04	1:09:38		F 30 - 34	HERTS PHOENIX A.C.
29	82	PAUL	KARLSEN	8:05	1:43	39:46	1:50	19:05	1:10:27		M 35 - 39	
30	278	CHRISTINE	POUT	6:36	1:11	38:50	1:10	22:45	1:10:30		F 50 - 54	
31	232	MICHAEL	RUSSELL	8:28	0:54	39:27	0:54	20:50	1:10:31		M 50 - 54	TEAM TRISPORTS
32	104	ANDY	THOMAS	7:32	1:18	38:13	0:58	22:36	1:10:34		M 20 - 24	
33	153	TOM	BARBER	9:00	1:08	37:11	0:57	22:40	1:10:54		M 45 - 49	SERPENTINE
34	224	PAUL	SKIP	7:43	1:49	40:16	0:54	20:19	1:10:58		M 45 - 49	
35	222	NICK	ISON	7:50	0:39	38:22	0:42	23:30	1:11:00		M 50 - 54	NRCC
36	273	CRAIG	MUCKLESTON	6:14	0:55	40:36	0:58	22:29	1:11:10		M 40 - 44	
37	228	MARTIN	DRISCOLL	8:03	1:00	38:18	0:51	23:12	1:11:21		M 25 - 29	
38	237	MARK	MILLER	7:21	1:34	39:14	0:59	22:22	1:11:28		M 40 - 44	
39	207	GRAHAM	HILL	8:16	1:19	40:02	0:56	21:02	1:11:34		M 25 - 29	
40	186	STEVEN	PHILLIPS	8:42	0:46	40:22	0:48	21:10	1:11:47		M 35 - 39	
41	216	GARY	FREER	8:35	1:47	39:14	1:08	21:15	1:11:57		M 30 - 34	
42	172	IAN	BRINKLEY	8:56	1:08	40:35	0:57	20:43	1:12:17		M 40 - 44	
43	238	NICK	CLARKE	7:50	1:09	41:21	1:44	20:34	1:12:36		M 40 - 44	

44	210	ANDY	PAINE	8:54	1:19	40:50	1:03	20:43	1:12:47		M 30 - 34	
45	138	ALEX	MALZER	9:28	1:46	40:29	1:12	20:39	1:13:32		M 40 - 44	SERPENTINE
46	280	HARRY	KNOTT	7:51	1:58	42:23	1:08	20:15	1:13:32		M 20 - 24	
47	242	ADAM	BATCHELOR	7:54	1:37	40:17	1:27	22:28	1:13:41		M 25 - 29	
48	286	HANNAH	HUTCHINGS	6:06	1:19	42:14	0:43	23:23	1:13:44		F 30 - 34	
49	171	STEVEN	LAMBERT	9:29	0:48	40:21	0:57	22:20	1:13:53		M 45 - 49	
50	106	STUART	ADAMS	7:03	1:09	42:03	0:42	23:02	1:13:57		M 20 - 24	
51	168	CHRIS	COTTLE	8:31	1:33	41:35	1:55	20:34	1:14:06		M 30 - 34	
52	291	AMY	PRITCHARD	5:29	1:22	43:24	1:00	22:58	1:14:11		F 30 - 34	
53	177	JAMES	SIMPSON	7:49	2:01	41:36	1:17	21:43	1:14:24		M 35 - 39	
54	295	KATIE	QUINN	5:51	0:49	43:24	0:38	23:47	1:14:27		F 20 - 24	
55	234	PETER	BLACKALLER	8:30	1:46	41:01	1:18	22:01	1:14:33		M 50 - 54	
56	103	ANDREW	GLEN	8:53	1:55	42:09	0:57	20:50	1:14:42		M 20 - 24	
57	265	DANIEL	BROWNE	6:52	3:00	41:37	1:34	21:42	1:14:44		M 25 - 29	IRONMAN BOB'S ALLSTARS
58	244	IAN	HARRIS	7:46	2:00	39:42	1:05	24:16	1:14:48		M 50 - 54	
59	49	GARETH	JENKINS	7:54	2:19	42:55	1:42	20:02	1:14:49		M 40 - 44	
60	50	STEVE	LIVINGSTONE	7:46	1:41	41:37	1:37	22:13	1:14:53		M 50 - 54	TRI-FORCE
61	143	SCHALK	BLOM	8:33	1:26	41:54	1:08	22:11	1:15:11		M 30 - 34	
62	227	WARREN	CUNNINGHAM	7:09	1:18	42:42	1:02	23:04	1:15:13		M 30 - 34	
63	125	KEVIN	WADDUP	9:17	2:20	39:54	1:14	22:49	1:15:31		M 45 - 49	
64	256	MICHAEL	O'SULLIVAN	8:12	1:42	42:11	1:43	21:52	1:15:39		M 50 - 54	
65	190	MARC	BOLTON	8:51	1:09	42:39	0:51	22:12	1:15:39		M 40 - 44	MET POLICE TRI CLUB
66	129	JONATHAN	WATSON	9:04	1:51	41:41	1:17	21:50	1:15:41		M 35 - 39	
67	251	STEVE	BROWN	7:07	1:22	41:15	1:15	24:49	1:15:46		M 45 - 49	
68	212	RICHARD	SHEARD	7:52	1:44	40:49	0:54	24:29	1:15:46		M 40 - 44	
69	281	DAVID	SMITH	6:58	2:17	41:40	1:33	23:23	1:15:49		M 30 - 34	CAVENDISH TRI
70	200	PHILIP	BALL	8:48	1:21	42:17	0:38	22:47	1:15:49		M 40 - 44	
71	185	WENDY	PEARSON	8:33	1:18	43:12	0:43	22:07	1:15:51		F 35 - 39	
72	170	MARTIN	EARL	7:42	1:32	43:24	0:47	22:44	1:16:06		M 35 - 39	
73	239	DAVID	WATKINSON	8:16	1:39	42:59	1:07	22:19	1:16:18		M 45 - 49	
74	113	ADRIAN	SPENDER	7:24	1:35	40:59	1:10	25:17	1:16:22		M 35 - 39	
75	48	ROBERT	BREAM	8:56	2:07	46:00	0:38	19:02	1:16:42		M 35 - 39	
76	108	JASON	HASTY	8:47	2:06	42:34	1:35	21:47	1:16:48		M 40 - 44	
77	245	JONATHAN	BALL	8:10	1:49	41:57	1:12	23:45	1:16:51		M 40 - 44	TRENT PARK
78	248	KATHRYN	SHEIK	8:16	3:11	44:12	1:01	20:26	1:17:04		F 25 - 29	
79	16	TERRY	ALCOCK	10:59	1:51	41:42	0:48	21:53	1:17:10		M 30 - 34	HERTS POLICE TRIATHLON CLUB
80	231	PARICIA	GREEN	7:21	1:21	41:31	1:04	26:19	1:17:34		F 50 - 54	TRI SPORT EPPING
81	240	ANTHONY	REES	6:11	2:08	47:05	0:53	21:21	1:17:37		M 25 - 29	
82	24	MATTHEW	CLARK	9:30	1:55	46:29	0:53	19:04	1:17:49		M 25 - 29	
83	209	ABIGAIL	FISHER	7:38	1:10	42:32	0:59	25:37	1:17:54		F 30 - 34	MET POLICE TRI CLUB
84	167	PHILIPPA	MILDON	9:23	1:21	42:54	1:01	23:29	1:18:07		F 35 - 39	
85	124	MARION	MURPHY	10:14	1:36	43:03	1:21	21:57	1:18:10		F 50 - 54	TRENT PARK TRI
86	211	ROBERT	SWAILE	10:21	1:28	40:55	1:30	23:58	1:18:10		M 30 - 34	
87	107	GARY	RANDLE	8:50	1:23	43:51	1:10	23:03	1:18:16		M 35 - 39	
88	133	DANIEL	BARRON	8:37	1:14	44:58	1:16	22:20	1:18:22		M 35 - 39	

89	17	RACHEL	FERGUSON	8:54	1:59	44:38	0:39	22:15	1:18:23		F 20 - 24	
90	80	CATH	HARRIS	8:39	0:53	44:10	1:21	23:24	1:18:25		F 45 - 49	
91	219	PAUL	MCDERMOTT	9:07	1:18	42:54	1:33	23:40	1:18:30		M 45 - 49	
92	175	MICK	TROSH	8:36	1:32	43:04	1:25	23:59	1:18:33		M 45 - 49	MET POLICE
93	173	ANDREW	BENNETT	8:45	1:33	42:24	1:05	24:54	1:18:38		M 45 - 49	
94	174	SEAN	ABBOTT	9:02	1:21	42:54	0:54	24:29	1:18:39		M 45 - 49	
95	193	JIM	WRIGHT	8:31	1:39	44:58	0:42	22:51	1:18:39		M 35 - 39	
96	78	CARLO	TOSTI	9:19	2:07	42:33	2:28	22:26	1:18:51		M 45 - 49	
97	147	ASHLEY	PAYNE	8:42	1:49	42:53	1:22	24:11	1:18:55		M 50 - 54	
98	241	THANH	LY	8:07	1:51	46:21	1:19	21:18	1:18:55		M 30 - 34	
99	136	CHARLES	CLIFFE	9:53	1:58	42:24	1:33	23:12	1:18:59		M 40 - 44	
100	71	MICHAEL	WILKINS	10:44	2:03	41:24	1:47	23:07	1:19:02		M 45 - 49	ST ALBANS STRIDERS
101	119	MARK	EARLEY	9:30	3:05	40:24	1:39	24:44	1:19:19		M 40 - 44	
102	122	ROB	ATKIN	9:19	2:22	43:50	0:57	22:58	1:19:23		M 45 - 49	
103	184	ROB	KNIGHT	8:17	1:50	43:26	1:21	24:34	1:19:26		M 35 - 39	DELOITTE
104	128	ROBERT	WICKINGS	10:00	2:41	42:54	1:48	22:05	1:19:26		M 45 - 49	
105	120	ANDY	CASTLE	8:57	1:55	45:09	0:44	22:44	1:19:27		M 35 - 39	
106	151	TIM	HUDSON	8:54	1:49	44:39	1:27	22:43	1:19:30		M 35 - 39	
107	159	CLIVE	HAMLIN	9:45	2:11	42:53	1:12	23:33	1:19:32		M 40 - 44	CAVENDISH TRI
108	29	PAUL	COSTELLO	9:34	2:14	45:16	1:13	21:18	1:19:34		M 30 - 34	
109	296	CHARLOTTE	MCRAE	5:15	0:42	48:40	0:42	24:18	1:19:35		F 15 - 19	
110	144	JAMIE	KEENAN	8:44	2:36	44:06	1:06	23:08	1:19:38		M 45 - 49	
111	162	PETER	RAYNOR	9:30	1:40	41:59	1:25	25:08	1:19:40		M 40 - 44	CAVENDISH TRI
112	150	LUKE	SIEGER	10:50	1:51	41:59	1:01	24:06	1:19:44		M 35 - 39	DELOITTE
113	145	SIMON	ROGERS	7:48	2:06	48:02	1:03	20:54	1:19:51		M 35 - 39	
114	148	CLIVE	TROUNSON	9:22	2:04	42:22	1:04	25:03	1:19:53		M 45 - 49	
115	84	ANTHONY	WHITE	8:41	2:08	45:16	0:51	23:04	1:19:58		M 20 - 24	
116	202	NEIL	MEDDICK	8:12	2:15	41:45	1:34	26:17	1:20:01		M 45 - 49	
117	70	ALASDAIR	BLEAKLEY	9:46	1:54	44:26	0:46	23:26	1:20:16		M 40 - 44	
118	194	SIMON	WHITING	8:07	0:59	45:47	1:01	24:28	1:20:20		M 35 - 39	
119	218	MATTHEW	COLLISON	9:15	1:26	41:24	1:08	27:12	1:20:23		M 20 - 24	
120	199	RUSSELL	YORSTON	11:54	2:50	41:32	0:49	23:34	1:20:36		M 35 - 39	
121	152	ROB	DYER	12:35	1:39	42:54	0:47	22:46	1:20:39		M 25 - 29	
122	297	JOHN	LITTLECHILD	7:47	2:27	47:20	1:00	22:15	1:20:48		M 35 - 39	
123	110	ANSAR	IQBAL			No Chip			1:20:51		M 40 - 44	
124	208	MATTHEW	GREGORY	8:53	2:09	44:21	1:30	24:04	1:20:54		M 40 - 44	
125	94	RUPERT	THORP	8:42	2:04	44:46	1:18	24:11	1:20:59		M 30 - 34	
126	92	JARLATH	MEEHAN	9:35	2:00	45:03	1:18	23:09	1:21:02		M 15 - 19	
127	226	HELEN	JAMES	8:09	1:33	48:15	0:49	22:21	1:21:05		F 45 - 49	
128	79	DANIEL	TOSTI	8:11	1:23	43:45	2:03	25:47	1:21:07		M 15 - 19	
129	197	FREDDIE	SPEARMAN	9:06	2:19	46:56	0:54	22:12	1:21:25		M 20 - 24	
130	201	KARL	SMITH	7:43	2:53	43:48	1:04	26:03	1:21:29		M 20 - 24	
131	236	DEREK	WOOD	7:13	1:15	47:55	1:12	24:07	1:21:39		M 30 - 34	TRANSITION TRI
132	32	PAUL	SURRIDGE	10:22	1:40	42:42	1:20	25:42	1:21:44		M 35 - 39	
133	271	NIKKI	STEPHENSON	6:39	1:14	45:32	0:54	27:49	1:22:07		F 40 - 44	GARDEN CITY RUNNERS

134	41	GAVIN	CLARK	9:20	1:29	49:32	1:24	20:32	1:22:14		M 30 - 34	
135	253	NICK	CULLEN	8:33	1:41	46:31	0:58	24:36	1:22:17		M 40 - 44	
136	121	FRAN	EDMUNDS	9:22	2:43	43:39	1:57	24:39	1:22:19		F 45 - 49	TRI FORCE
137	96	PAUL	BASS	8:20	3:38	47:21	1:17	21:51	1:22:26		M 35 - 39	
138	60	MICHAEL	GILDER	11:29	1:33	42:53	1:15	25:36	1:22:44		M 35 - 39	
139	130	JAMES	WILLIAMS	9:19	2:31	43:23	2:03	25:34	1:22:49		M 40 - 44	
140	183	LORNE	MCCALLA	8:37	1:26	43:48	1:48	27:42	1:23:18		M 50 - 54	
141	105	DENISE	KELLETT	10:17	2:20	45:01	1:25	24:23	1:23:23		F 35 - 39	METROPOLITAN POLICE
142	47	MICHAEL	WILCE	11:27	1:47	46:03	1:35	22:34	1:23:25		M 25 - 29	
143	182	STUART	MANGAN	9:08	2:32	46:39	1:31	23:39	1:23:28		M 40 - 44	
144	169	PAUL	COLLIS	12:20	2:07	43:28	0:52	24:51	1:23:36		M 35 - 39	
145	225	DANIEL	MURPHY	10:53	2:06	45:36	0:57	24:14	1:23:44		M 40 - 44	
146	37	GRAEME	DUNCAN	9:25	2:19	45:27	1:43	24:57	1:23:49		M 30 - 34	
147	298	JURGENS	KROESC	12:55	0:50	43:54	0:40	25:34	1:23:52		M 30 - 34	
148	205	DAVID	CHANDLER	7:49	2:48	45:41	1:13	26:56	1:24:25		M 45 - 49	DAVID LLOYD
149	114	ANTONY	HEALY	8:50	2:33	45:37	1:45	25:47	1:24:30		M 45 - 49	
150	198	CHRIS	BOLLER	8:24	3:05	46:35	1:00	25:32	1:24:34		M 35 - 39	CHALLENGE CENTRAL
151	57	RICHARD	VAUGHAN	10:30	1:13	45:04	1:13	26:37	1:24:34		M 25 - 29	
152	13	ANDREW	DADSWELL	10:29	2:32	43:51	1:07	26:37	1:24:35		M 35 - 39	
153	146	COLIN	CHILDS	9:15	2:22	44:35	1:46	26:51	1:24:48		M 55 - 59	CHALLENGE CENTRAL
154	93	GRAHAM	KELLEN	10:02	2:59	45:34	2:13	24:02	1:24:49		M 40 - 44	
155	81	CARY	LABON	10:21	2:34	46:05	1:03	25:06	1:25:06		F 45 - 49	
156	178	DEBBIE	EVANS	9:31	1:14	47:09	1:35	25:41	1:25:08		F 55 - 59	
157	249	DAVID	MORTON	6:57	2:10	43:51	1:26	30:54	1:25:17		M 45 - 49	HARTHAM MASTERS
158	69	PAT	HIGGINS	9:31	2:22	48:04	1:04	24:19	1:25:18		M 55 - 59	ST ALBANS
159	73	MATTHEW	HOWARD	10:15	2:08	44:05	1:22	27:43	1:25:32		M 35 - 39	TRANSITION TRI
160	140	DAVID	BARRETT	9:34	3:13	48:04	1:23	23:32	1:25:43		M 50 - 54	
161	67	GRAEME	MCTAIT	12:36	2:31	43:08	0:59	26:37	1:25:48		M 40 - 44	
162	36	ROSS	OSULLIVAN	12:06	1:40	46:29	1:23	24:18	1:25:55		M 25 - 29	
163	116	STEVE	DONNELLY	10:19	2:43	47:39	1:43	23:55	1:26:16		M 50 - 54	
164	44	LINDSAY	CUNNINGHAM	11:45	2:39	46:34	0:51	24:32	1:26:19		F 25 - 29	
165	76	YVETTE	JOHNSTON	9:20	1:40	48:53	1:32	24:58	1:26:21		F 45 - 49	MET POLICE TRI CLUB
166	189	EMMA	EGAN	8:09	1:40	49:45	0:51	26:03	1:26:26		F 35 - 39	
167	83	TOM	HUGHES	10:20	2:29	50:25	0:54	22:24	1:26:30		M 30 - 34	
168	64	FIONA	KARLSEN	11:52	3:03	47:38	1:47	22:18	1:26:35		F 35 - 39	SYNERGY RUNNING CLUB
169	66	DEREK	JACKSON	9:56	2:19	48:45	1:05	24:50	1:26:54		M 35 - 39	
170	137	ANDREW	DIXON	7:49	1:45	49:54	1:36	25:53	1:26:54		M 45 - 49	
171	62	KAREN	PARNELL	8:29	1:31	45:31	1:03	30:31	1:27:02		F 40 - 44	
172	179	FIONA	PRIEST	8:49	2:23	51:07	1:42	23:08	1:27:07		F 45 - 49	
173	166	SHEILA	DRISCOLL	9:07	1:10	48:20	0:51	28:18	1:27:44		F 50 - 54	
174	117	FRANCESCA	PEPPER	9:01	4:20	44:54	2:50	26:44	1:27:47		F 35 - 39	
175	52	MICHAEL	KINGHAM	8:47	1:59	53:04	0:58	23:02	1:27:48		M 15 - 19	
176	45	LIZ	RICE	11:25	2:55	46:11	1:40	25:47	1:27:57		F 40 - 44	
177	154	TOM	WIGGINS	9:08	3:20	47:58	0:48	26:49	1:28:01		M 25 - 29	
178	88	ALEX	RAINE	9:31	2:45	42:19	2:26	31:07	1:28:06		M 40 - 44	

179	5	EARL	NATALIE	8:54	3:16	49:09	1:31	25:20	1:28:09		
180	176	EMMA	FERNANDEZ	8:23	1:34	45:41	1:36	31:03	1:28:14		F 35 - 39
181	14	OWEN	TURNER	11:42	2:21	42:13	1:35	30:39	1:28:28		M 35 - 39
182	100	JOSEPH	WELLS	8:45	2:35	50:24	1:02	25:59	1:28:43		M 30 - 34
183	40	DARRELL	BUTLER	10:55	2:24	51:01	1:13	23:12	1:28:43		M 45 - 49
184	127	SIMON	PALMER	9:58	2:31	51:24	1:22	23:40	1:28:52		M 45 - 49
185	91	MITCHELL	HILL	10:46	2:11	48:51	1:38	25:33	1:28:56		M 15 - 19
186	141	ANDREW	DUNCAN	9:24	4:21	49:41	1:10	24:27	1:29:02		M 40 - 44
187	55	JOHN	CURTIS	12:15	3:09	48:23	0:53	24:32	1:29:11		M 30 - 34
188	112	JAMES	WARRILLOW	10:00	3:31	50:42	1:24	24:08	1:29:42		M 35 - 39
189	77	STEVE	OXBY	10:26	2:22	45:39	1:35	29:46	1:29:47		M 45 - 49
190	102	ROB	JENKINSON	10:56	2:38	44:35	3:28	28:20	1:29:55		M 45 - 49
191	246	ANNA	ASHWELL	8:09	2:55	51:11	1:12	26:40	1:30:05		F 40 - 44
192	254	ADELE	MCGOWAN	8:32	2:23	50:11	2:05	27:14	1:30:23		F 25 - 29
193	85	ANNA KATE	FARMER	9:44	3:06	49:13	1:19	27:06	1:30:27		F 30 - 34
194	123	REGGIE	LEIGH	9:18	2:10	51:16	1:15	26:32	1:30:29		M 45 - 49
195	87	AMELIA	CLOW	9:33	3:28	48:16	1:17	28:02	1:30:33		F 35 - 39
196	155	SARAH	WARD	9:20	1:34	49:17	0:48	29:36	1:30:34		F 25 - 29
197	15	GRAHAM	HARPER	12:33	3:38	48:46	1:34	24:12	1:30:41		M 55 - 59
198	220	LAURA	EVANS	8:50	1:32	52:37	1:03	26:45	1:30:45		F 20 - 24
199	101	NICOLA	HENRY	11:56	2:12	47:54	1:34	27:15	1:30:49		F 40 - 44
200	26	MARTYN	BROOKS	8:37	3:20	50:04	1:55	26:58	1:30:53		M 40 - 44
201	192	CHARLOTTE	SEARLE	8:51	2:38	50:33	1:03	28:20	1:31:24		F 30 - 34
202	132	CLARE	CRAY	9:01	2:45	51:23	1:16	27:07	1:31:29		F 35 - 39
203	10	JAN	STRACHAN	12:11	1:47	48:30	1:17	28:19	1:32:01		F 40 - 44
204	56	JOHN	ANDERSON	10:57	1:39	52:32	1:17	26:07	1:32:30		M 45 - 49
205	18	JOHN	TURNER	11:37	3:17	43:40	1:32	32:36	1:32:39		M 55 - 59
206	31	ALAN	BAKER	10:05	3:17	51:43	1:01	27:09	1:33:12		M 50 - 54
207	2	THEMBA	MOYO	14:35	3:13	51:30	0:58	23:16	1:33:30		M 35 - 39
208	53	KEVIN	HAYES	12:35	2:05	52:06	0:58	26:29	1:34:11		M 50 - 54
209	149	DAWN	ANDREWS	9:43	1:50	51:44	1:26	29:49	1:34:29		F 40 - 44
210	165	LOUISE	MATHEWS	8:23	2:04	58:56	0:47	24:44	1:34:53		F 20 - 24
211	38	TOM	IRVING	8:22	3:10	57:19	1:17	24:58	1:35:04		M 30 - 34
212	156	LAURENCE	THIRKETTLE	12:36	2:47	47:16	2:06	30:26	1:35:09		M 40 - 44
213	65	HELENA	GOLDSMITH	10:11	2:37	49:56	1:27	31:16	1:35:25		F 45 - 49
214	262	LISA	SCOTT	7:03	1:40	51:27	1:08	34:24	1:35:40		F 40 - 44
215	34	GLYNIS	CODD	13:15	1:59	54:49	1:05	24:38	1:35:44		F 55 - 59
216	22	MARK	WEST	17:05	1:33	50:37	1:39	25:49	1:36:40		M 40 - 44
217	99	THOMAS	HAWKESWORTH	9:25	2:30	52:39	1:57	30:21	1:36:50		M 25 - 29
218	25	THOMAS	TIMSON	9:31	3:03	1:00:43	1:28	22:42	1:37:25		M 20 - 24
219	86	ANDY	HUGHES	8:43	3:23	50:25	1:48	34:19	1:38:37		M 45 - 49
220	134	PAUL	REGNIER	9:46	1:27	1:04:28	0:52	25:39	1:42:11		M 35 - 39
221	39	GILLIAN	CHILDS	11:22	3:58	52:10	2:26	32:24	1:42:17		F 45 - 49
222	30	MICHAEL	GORNALL	10:50	2:38	54:25	1:55	32:49	1:42:35		M 50 - 54
223	19	ISOBEL	TURNER	10:01	2:36	59:44	1:23	31:18	1:45:00		F 20 - 24

224	9	PETROS	MARKANTONATOS	9:15	4:17	1:00:30	1:15	29:49	1:45:04		M 40 - 44	
225	6	AMY	WHITBY	15:44	4:27	55:08	1:34	29:40	1:46:32		F 35 - 39	CHALLENGE CENTRAL
226	131	CLAIRE	LOWMAN	11:00	2:45	58:45	1:35	32:31	1:46:34		F 40 - 44	
227	12	JEAN PAUL	ESPOSITO	10:48	2:15	1:07:19	0:57	26:59	1:48:16		M 45 - 49	
228	21	BRIAN	MARSHALL	18:39	2:39	1:01:26	1:04	28:22	1:52:08		M 50 - 54	
229	58	ANGIE	GAVIN	11:45	3:24	58:46	1:57	38:28	1:54:18		F 40 - 44	
230	54	NIAMH	CUMMINS	11:30	3:21	1:11:46	1:07	26:57	1:54:39		F 25 - 29	
231	115	ANDREW	LUCK	19:47	4:11	1:01:27	1:41	29:20	1:56:24		M 20 - 24	
232	8	AMANDA	GARNER	13:50	5:05	1:04:04	1:37	33:41	1:58:15		F 40 - 44	
233	7	LISA	CHEESMAN	13:14	4:31	1:05:15	1:57	40:30	2:05:26		F 40 - 44	CHALLENGE CENTRAL
234	3	EMILY	CORSELLIS	16:22	2:51	1:12:46	1:05	33:31	2:06:32		F 40 - 44	
235	97	LEA	KARASAVVAS	15:25	3:18	1:19:22	1:06	30:03	2:09:11		M 35 - 39	
236	4	GARY	VICCARS	19:59	4:00	1:09:39	1:59	36:48	2:12:22		M 45 - 49	
	33	KAR-MING	YEUNG	16:22	1:58	43:47	1:12	3:56:43	DQ'd	Incorrect swim course	M 30 - 34	
	23	VAUGHAN	TYRELL	9:29	3:06	40:59	1:08	4:05:20	DQ'd	Not obeying race referee's instructions	M 30 - 34	
	269	GARETH	EVANS	6:48	1:28	44:28	0:56	4:06:24	D.N.F		M 45 - 49	
	257	MILES	MARCHMENT	7:23	1:21	0:00	8:46:35	3:58:26	D.N.F		M 35 - 39	