

**2016 Hillingdon 10K
Results**

Pos	Name	RaceNo	Category	Gender	Club	Time	Net Time	Time Behind	Categ	Time Behind Winner	GenderPos	CategPos
1	JAMIE MARLOW	116	Senior	Male	DACORUM & TRING AC	00:36:08	00:36:08	00:00:00		00:00:00	1	1
2	STEPHEN BURGESS	90	Senior	Male	Hillingdon Triathletes	00:38:23	00:38:23	00:02:15		00:02:15	2	2
3	MANUEL DA SILVA	122	Senior	Male	Thames Valley Harriers	00:39:03	00:39:02	00:02:55		00:02:55	3	3
4	JAMES BURTON	92	Senior	Male	Hillingdon AC	00:39:13	00:39:12	00:03:05		00:03:05	4	4
5	RICKY LEE	35	M50	Male	Hillingdon Triathletes	00:41:35	00:41:35	00:00:00		00:05:27	5	1
6	ANDY ALLEN	2	M40	Male	Hayes & Harlington Road Runners	00:41:56	00:41:53	00:00:00		00:05:48	6	1
7	STEVEN FORD	130	M40	Male	Hillingdon AC	00:42:39	00:42:37	00:00:43		00:06:31	7	2
8	CHRIS COOMER	121	Senior	Male	PECKHAM STRYDERS	00:43:36	00:43:30	00:07:28		00:07:28	8	5
9	STEVE CURD	95	Senior	Male	EALING SOUTHALL & MIDDLESEX AC	00:43:59	00:43:58	00:07:51		00:07:51	9	6
10	MITESH PATEL	45	Senior	Male	Metros	00:44:29	00:44:28	00:08:21		00:08:21	10	7
11	ROBERT NIKRATOWICZ	75	M40	Male		00:44:37	00:44:37	00:02:41		00:08:29	11	3
12	ROLAND BETON	119	M40	Male		00:44:42	00:44:34	00:02:46		00:08:34	12	4
13	IRFAAN MERALI	40	Senior	Male		00:45:25	00:45:12	00:09:17		00:09:17	13	8
14	LEANNE SMITH	108	Lady	Female	EALING SOUTHALL & MIDDLESEX AC	00:46:59	00:46:57	00:00:00		00:00:00	1	1
15	DAVID HAYES	102	Senior	Male		00:47:37	00:47:31	00:11:29		00:11:29	14	9
16	WAYNE STEWART	57	M40	Male	FOREST OF DEAN	00:47:38	00:47:35	00:05:42		00:11:30	15	5
17	CATHERINE GUNNEWICHT	100	W40	Female	EALING SOUTHALL & MIDDLESEX AC	00:48:49	00:48:46	00:00:00		00:01:50	2	1
18	CAROLINE FORD	132	W40	Female	Hillingdon AC	00:48:59	00:48:56	00:00:10		00:02:00	3	2
19	CRAIG ATKINS	118	M40	Male	HANDY CROSS RUNNERS	00:49:54	00:49:48	00:07:58		00:13:46	16	6
20	ASHWIN BALI	6	Senior	Male		00:50:02	00:49:58	00:13:54		00:13:54	17	10
21	PETER BLUNSDON	120	M50	Male		00:50:50	00:50:44	00:09:15		00:14:42	18	2
22	MICHAEL DYER	19	M50	Male		00:50:54	00:50:49	00:09:19		00:14:46	19	3
23	LISA HUSE	25	Lady	Female		00:51:49	00:51:44	00:04:50		00:04:50	4	2
24	DAVID TROOD	60	M40	Male	BIRD & LOVBOND SOLICITORS	00:52:00	00:51:57	00:10:04		00:15:52	20	7
25	NASSIM SADEG	79	M40	Male	BIRD & LOVBOND SOLICITORS	00:52:00	00:51:57	00:10:04		00:15:52	21	8
26	SOONG KONG AU YEONG	4	Senior	Male	St Albans Striders	00:52:13	00:52:00	00:16:05		00:16:05	22	11
27	MAX BAKER	68	Senior	Male		00:52:15	00:52:04	00:16:07		00:16:07	23	12
28	KELLEY SHEARSMITH	55	Lady	Female		00:53:02	00:52:49	00:06:03		00:06:03	5	3
29	BASANTA GURUNG	101	Senior	Male		00:53:35	00:53:32	00:17:27		00:17:27	24	13
30	IAN NELSON	43	M40	Male	ROAD RUNNERS CLUB	00:54:12	00:54:07	00:12:16		00:18:04	25	9
31	MATTHEW ROWDENE	78	M40	Male		00:55:08	00:54:51	00:13:12		00:19:00	26	10
32	MELANIE QUINN	131	Lady	Female	BIRD & LOVBOND SOLICITORS	00:55:47	00:55:40	00:08:48		00:08:48	6	4
33	PAUL CAFFREY	12	M40	Male		00:56:38	00:56:29	00:14:42		00:20:30	27	11
34	RACHEL PEARCE	76	Lady	Female		00:56:44	00:56:36	00:09:45		00:09:45	7	5
35	KITTY DABIR-ALAI	16	Lady	Female		00:57:29	00:57:15	00:10:30		00:10:30	8	6
36	PETER JOHNSON	123	M50	Male	FRA	00:57:41	00:57:28	00:16:06		00:21:33	28	4
37	HAMMAD MIAN	41	Senior	Male		00:57:53	00:57:47	00:21:45		00:21:45	29	14
38	BUSHRA KHAWAJA	31	Lady	Female		00:57:56	00:57:53	00:10:57		00:10:57	9	7
39	DANIEL ROWLES	51	Senior	Male		00:58:17	00:58:08	00:22:09		00:22:09	30	15
40	STEPHANIE FAGAN	98	W40	Female		00:58:21	00:58:14	00:09:32		00:11:22	10	3
41	ARSHAD SHARAR	53	Senior	Male		00:58:27	00:58:20	00:22:19		00:22:19	31	16
42	KARL KING	34	M50	Male		00:58:35	00:58:32	00:17:00		00:22:27	32	5
43	NEIL BARNES	7	Senior	Male		00:58:49	00:58:43	00:22:41		00:22:41	33	17
44	CLARE MACEIRAS	38	W50	Female	Hayes & Harlington Road Runners	00:58:53	00:58:45	00:00:00		00:11:54	11	1
45	GEORGE CHRISTODOULOU	13	M50	Male		00:59:04	00:59:02	00:17:29		00:22:56	34	6
46	CLAIRE KING	33	Lady	Female	EALING SOUTHALL & MIDDLESEX AC	00:59:06	00:59:03	00:12:07		00:12:07	12	8
47	SARAH STEWART	81	W40	Female		00:59:36	00:59:29	00:10:47		00:12:37	13	4
48	JEM FLEMING	20	W40	Female	Hillingdon Triathletes	01:00:00	00:59:53	00:11:11		00:13:01	14	5
49	BEATA KING	32	W40	Female	EALING SOUTHALL & MIDDLESEX AC	01:00:26	01:00:23	00:11:37		00:13:27	15	6
50	ROBERT NUTTER	107	M60	Male	Datchet Dashers	01:00:44	01:00:39	00:00:00		00:24:36	35	1
51	IAN BARR	8	M50	Male		01:00:54	01:00:48	00:19:19		00:24:46	36	7
52	LOUISE ROONEY	50	Lady	Female		01:01:02	01:00:51	00:14:03		00:14:03	16	9
53	MARIANELA VARGAS	61	Lady	Female		01:01:13	01:01:05	00:14:14		00:14:14	17	10
54	ANDY WRIGHT	66	M40	Male		01:01:27	01:01:16	00:19:31		00:25:19	37	12
55	PAUL SHAW	54	Senior	Male		01:01:34	01:01:24	00:25:26		00:25:26	38	18
56	EDUARD STUPARU	82	Senior	Male	BRUNEL UNIVERSITY	01:02:14	01:02:11	00:26:06		00:26:06	39	19
57	BEN BUCKINGHAM	10	Senior	Male		01:02:58	01:02:51	00:26:50		00:26:50	40	20
58	JACQUI WHALL	129	Lady	Female		01:03:13	01:03:08	00:16:14		00:16:14	18	11
59	VIKKI THOMAS	83	Lady	Female		01:03:18	01:03:03	00:16:19		00:16:19	19	12
60	DAVID THOMAS	117	Senior	Male		01:03:18	01:03:02	00:27:10		00:27:10	41	21
61	HUSSEIN AL ALI	86	Senior	Male	BRUNEL UNIVERSITY IRAQI SOCIETY	01:03:46	01:03:38	00:27:38		00:27:38	42	22
62	NIMA TAEFEHSHOKR	127	Senior	Male		01:03:57	01:03:49	00:27:49		00:27:49	43	23
63	IAN RITCHIE	49	M50	Male		01:04:04	01:03:55	00:22:29		00:27:56	44	8
64	CLAIRE COOPER	15	Lady	Female		01:04:05	01:03:57	00:17:06		00:17:06	20	13
65	CHIARA CEVOLI	70	Lady	Female	BRUNEL UNIVERSITY	01:04:36	01:04:31	00:17:37		00:17:37	21	14
66	JILL STOCKS	498	W40	Female		01:04:47	01:04:35	00:15:58		00:17:48	22	7
67	WAI MENG AU-YEONG	67	Lady	Female	St Albans Striders	01:05:27	01:05:14	00:18:28		00:18:28	23	15
68	CARMEN TO	84	Lady	Female		01:05:54	01:05:50	00:18:55		00:18:55	24	16
69	STEVE JONES	28	M50	Male		01:06:31	01:06:24	00:24:56		00:30:23	45	9
70	JIM RANKIN	48	M50	Male		01:06:31	01:06:24	00:24:56		00:30:23	46	10

71	EMILY WARNER	62	Lady	Female	Redway Runners	01:06:41	01:06:27	00:19:42	00:19:42	25	17
72	JESSICA BETTS	88	Lady	Female	BIRD & LOVIBOND SOLICITORS	01:07:26	01:07:15	00:20:27	00:20:27	26	18
73	RICHARD BETTS	89	Senior	Male	BIRD & LOVIBOND SOLICITORS	01:07:26	01:07:14	00:31:18	00:31:18	47	24
74	KATHY KELLY-CLANCY	115	W40	Female	Jog It Off	01:07:37	01:07:23	00:18:48	00:20:38	27	8
75	MIKE HARPER	22	M60	Male	Hayes & Harlington Road Runners	01:07:49	01:07:36	00:07:05	00:31:41	48	2
76	JOHN KEY	125	M60	Male		01:08:16	01:07:59	00:07:32	00:32:08	49	3
77	SASCHA BUTLER	11	W40	Female	Activetrainingworld	01:08:34	01:08:18	00:19:45	00:21:35	28	9
78	SIMON NASH	42	M60	Male	BIRD & LOVIBOND SOLICITORS	01:08:45	01:08:34	00:08:01	00:32:37	50	4
79	NICK WOODLEY	65	M40	Male		01:09:31	01:09:20	00:27:35	00:33:23	51	13
80	AMANDA KEHOE	104	Lady	Female		01:09:31	01:09:15	00:22:32	00:22:32	29	19
81	CASEY KEHOE	105	Lady	Female		01:09:41	01:09:25	00:22:42	00:22:42	30	20
82	SARA WINCHCOMBE	64	W40	Female		01:10:47	01:10:45	00:21:58	00:23:48	31	10
83	PAULA CLOSSICK-JORDAN	14	W40	Female		01:10:51	01:10:41	00:22:02	00:23:52	32	11
84	HELEN MAHONEY	73	Lady	Female	BIRD & LOVIBOND SOLICITORS	01:13:00	01:12:51	00:26:01	00:26:01	33	21
85	RUSSELL MAHONEY	74	Senior	Male	BIRD & LOVIBOND SOLICITORS	01:13:00	01:12:50	00:36:52	00:36:52	52	25
86	JENNA PICKERING	46	Lady	Female	St Albans Striders	01:14:49	01:14:36	00:27:50	00:27:50	34	22
87	DEBORAH GORMAN	21	W50	Female	EALING SOUTHALL & MIDDLESEX AC	01:16:58	01:16:55	00:18:05	00:29:59	35	2
88	FAYE ANDREWS	87	Lady	Female		01:17:09	01:16:52	00:30:10	00:30:10	36	23
89	LISA HUTCHINSON	72	Lady	Female	BIRD & LOVIBOND SOLICITORS	01:18:24	01:18:12	00:31:25	00:31:25	37	24
90	LOUISE ROBERTSHAW	126	Lady	Female		01:20:56	01:20:40	00:33:57	00:33:57	38	25
91	MICHAEL COLLIS	94	Senior	Male		01:21:37	01:21:20	00:45:29	00:45:29	53	26
92	AMANDIP DHALIWAL	71	Lady	Female	BIRD & LOVIBOND SOLICITORS	01:24:01	01:23:49	00:37:02	00:37:02	39	26
93	JASWANT SIDHU	80	Lady	Female	BIRD & LOVIBOND SOLICITORS	01:24:04	01:23:52	00:37:05	00:37:05	40	27
94	USHA MEHTA	106	W40	Female		01:26:42	01:26:30	00:37:53	00:39:43	41	12
95	DEBORAH ROBERTS	77	Lady	Female	BIRD & LOVIBOND SOLICITORS	01:28:45	01:28:32	00:41:46	00:41:46	42	28
96	MARCUS WOOD	85	Senior	Male	BIRD & LOVIBOND SOLICITORS	01:28:45	01:28:35	00:52:37	00:52:37	54	27
97	ICHIRO SUGAWARA	109	M40	Male	Ealing Eagles Running Club	02:16:52	02:16:52	01:34:56	01:40:44	55	14